



## Understanding adverbs of frequency in English Grammar

### What are adverbs of frequency?

Adverbs of frequency are words that indicate how often something happens. They modify verbs to show the frequency of an action. Common adverbs of frequency include "always," "often," "usually," "sometimes," "rarely," and "never." They help provide context about the regularity or irregularity of an action.

### Explication in French :

Les adverbes de fréquence sont des mots qui indiquent à quelle fréquence quelque chose se produit. Ils modifient les verbes pour montrer la fréquence d'une action. Les adverbes de fréquence courants incluent "always" (toujours), "often" (souvent), "usually" (habituellement), "sometimes" (parfois), "rarely" (rarement) et "never" (jamais). Ils aident à fournir des informations sur la régularité ou l'irrégularité d'une action.

### Examples:

1. I always brush my teeth before bed.
2. She often goes for a run in the morning.
3. They usually eat dinner together as a family.
4. Sometimes, he forgets to turn off the lights.

#### Common mistakes

One common mistake when using adverbs of frequency is their incorrect placement in a sentence. They typically come before the main verb but after the verb "to be." For instance, "She always eats breakfast" is correct, but "She eats always breakfast" is incorrect.

## Interactive quiz :

Ready to put your knowledge to the test? Take this quiz to see if you've mastered the lesson.

### Beginner Level:

Quiz 1: Choose the correct adverb of frequency to complete the sentence.

1. He \_\_\_\_\_ arrives late for work. a) always b) never c) sometimes
2. They \_\_\_\_\_ go to the beach on weekends. a) usually b) rarely c) often
3. She \_\_\_\_\_ forgets her keys at home. a) rarely b) always c) sometimes

### Intermediate Level:

Quiz 2: Complete the sentences with the correct adverb of frequency.

1. He \_\_\_\_\_ exercises in the morning.
2. They \_\_\_\_\_ watch movies on Friday nights.
3. She \_\_\_\_\_ visits her grandparents.

### Advanced Level:

Quiz 3 Write sentences using the appropriate adverb of frequency.

1. \_\_\_\_\_, she goes shopping on Saturdays.
2. \_\_\_\_\_, he eats fast food.
3. \_\_\_\_\_, they have pizza for dinner.

## **The answers:**

### **Quiz 1:**

1. a) always
2. c) often
3. b) always

### **Quiz 2:**

1. always
2. often
3. rarely

### **Quiz 3:**

1. Usually, she goes shopping on Saturdays.
2. Sometimes, he eats fast food.
3. Often, they have pizza for dinner.